



Report to Healthier Communities & Adult Social Care Scrutiny & Policy Development Committee 20th November 2013

Report of: Nutrition & Hydration Working Group
Cllr Gary Weatherall, Working Group Chair

Subject: Nutrition & Hydration Working Group – Draft Report & Recommendations

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Summary:

In November 2012, this Committee established the Nutrition and Hydration in Hospitals Working Group, to look at the quality of food in Sheffield's hospitals, as well as the support that people get to eat and drink whilst they are in hospital. The Committee agreed that the focus of this work would be on adults.

The Working Group has undertaken desk top research and site visits to inform this piece of work. A draft of the report has also been shared with representatives from Sheffield Teaching Hospitals NHS Foundation Trust.

The Working Group would now like to present the final draft report to this Scrutiny Committee for sign off along with the group's recommendations for further work in this area.

Type of item: The report author should tick the appropriate box

Reviewing of existing policy	
Informing the development of new policy	
Statutory consultation	
Performance / budget monitoring report	
Cabinet request for scrutiny	
Full Council request for scrutiny	
Community Assembly request for scrutiny	
Call-in of Cabinet decision	
Briefing paper for the Scrutiny Committee	
Other: Working Group - draft Report and recommendations	X

The Scrutiny Committee is being asked to:

- 1 Sign off the Report which has been produced by the Nutrition & Hydration Working Group (Appendix A)
- 2 Consider the recommendations of the Working Group regarding further work in this area (page 3, section 4)

Background Papers:

Papers of the Nutrition and Hydration Working Group.

Category of Report: OPEN

Most reports to Scrutiny Committees should be openly available to the public. If a report is deemed to be 'closed', please add: **'Not for publication because it contains exempt information under Paragraph xx of Schedule 12A of the Local Government Act 1972 (as amended).'**

Nutrition & Hydration Working Group – Draft Report & Scrutiny Recommendations

1. Introduction/Context

- 1.1 The Nutrition & Hydration Working Group was established in November 2012 to look at the quality of food in Sheffield's hospitals, as well as the support that people get to eat and drink whilst they are in hospital. The Committee agreed that the focus of this work would be on adults.
- 1.2 The work undertaken to date has focussed on the Northern General Hospital.
- 1.3 The Working Group has undertaken desk top research and site visits to inform this piece of work and a final report and recommendations have now been drafted.

2. Matters for consideration

- 2.1 A draft of the report was shared with representatives from Sheffield Teaching Hospitals NHS Foundation Trust and the final draft is now being presented for sign off by this Scrutiny Committee (Appendix A).
- 2.2 The Working Group would like to recommend that further work is undertaken in this area, please see page 3, section 4 "Recommendations" for details.
- 2.3 In terms of capacity to support further work the Policy & Improvement Officer is able to support one Working Group (Task & Finish Group) per Scrutiny Committee. At present this Committee also has the Child and Adolescent Mental health Services (CAMHS) Working Group which is working on its final report.

3 What does this mean for the people of Sheffield?

- 3.1 High quality nutrition and hydration in Hospitals is an issue which is important for the health and well-being of the people of Sheffield.

4. Recommendations

- 4.1 That the Committee approve the final draft Report which has been produced by the Nutrition & Hydration Working Group.
- 4.2 That the services at the Northern General Hospital are reviewed in 12 months' time (November 2014 approx.). This would enable the Working Group (on behalf of the Committee) to identify if any of the recommendations from the Report have been adopted by the Trust. This work would also be relevant to the Trusts Quality Account which this Scrutiny committee responds to on an annual basis.
- 4.3 That on approval of the Report (relating to services at the Northern General Hospital) the Committee extends this piece of work to include observation visits to Weston Park, Royal Hallamshire and Jessops. This work could commence in early 2014 (once the "production kitchen food" system has been put in place). This piece of work could be carried out by the existing Working Group and would enable the group to see how the new service has embedded across the Trust. A report would be produced to outline any findings / recommendations.
- 4.4 The Working Group has also indicated they would be happy to undertake an observation visit to the Children's Hospital. An approach could be made to the Chair of the Children, Young People & Family Support Scrutiny Committee to update them on the work to date and to make an offer to undertake a visit to the Children's Hospital on their behalf. The findings would be included in the Report and would be fed back to both Scrutiny Committees.

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